

## What's New and Planned For 2016

### New Director

Dragon Claw has appointed a third director, Susan Hughes to help guide our expanding organisation. Susan has severe rheumatoid disease and has been active in a wide variety of community organisations. She will bring huge enthusiasm and media expertise to the operation. Susan currently chairs the new Patient Advisory Committee (PAC). If you are a patient and would like to be involved please contact us at [info@dragon-claw.org](mailto:info@dragon-claw.org).

### White Paper

We have decided to develop a White Paper dealing with the emerging issues associated with Biosimilars. These new drugs are much cheaper than the current large molecule biologics used to treat severe disease.

Unlike generic medicines where the active ingredients are identical, Biosimilars are not likely to be identical to the originator biologic. They are similar, but not the same. As such there is increasing confusion and concern among patient groups about the process of switching to and from a

biosimilar.

This paper outlines the facts and details a position in regard to the introduction of biosimilars from a patient perspective. We plan to circulate the paper within the Dragon Claw community via a random sample approach and incorporate member input.

### OMERACT

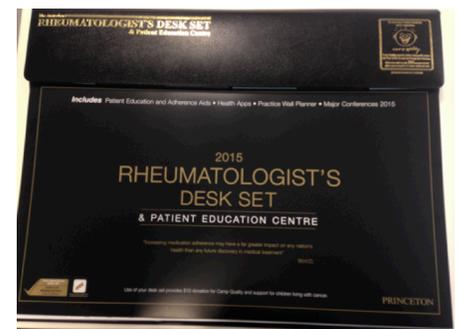
OMERACT (Outcome Measures in Rheumatology) is an independent initiative of international health professionals interested in outcome measures in rheumatology. OMERACT assist to develop and validate clinical and radiographic outcome measures in rheumatoid arthritis, osteoarthritis, psoriatic arthritis, fibromyalgia, and other rheumatic diseases.

The founder of Dragon Claw, Michael Gill, has been invited to attend this conference in Canada. The conference will address themes, methodologies, diseases, imaging and biomarkers.

### National Campaign

Beginning in February Dragon Claw

information will feature along with other information delivered to about 10,000 doctors and rheumatologists across Australia. This exciting opportunity has been provided to us by our sponsor Princeton Health (<http://www.princeton.com.au>). We are very grateful to Princeton Health. The following are images from last year but it gives you a clear idea. This year one of the cards will feature our logo in addition to a poster.



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[www.dragon-claw.org](http://www.dragon-claw.org)

Rheumatoid Disease Self Care

**AIM**

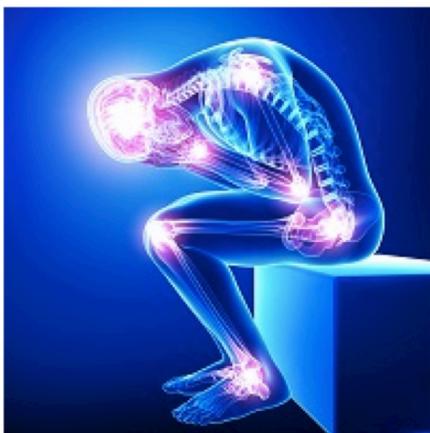
Dragon Claw aims to provide information, community and support for registered users. Eventually we will offer telehealth, self-care management and care co-ordination. We do not provide medical advice.

**Why The Name?**

For many people Rheumatoid Disease (RD) can be felt like an unpleasant animal moving around the body biting and scratching. Occasionally, the dragon rears up and breathes fire, which is felt as a flare, hence the name.

**Our Patron**

Dr Mukesh Haikerwal AO has made a huge contribution to the medical field, through his leadership roles as Chairman of Council for the World Medical Association (2011-2015), and National President of the Australian Medical Association (2005-2007). He is currently a board member of Beyond Blue, Chair of the Australian Institute of Health and Welfare and Patron of Dragon Claw.

**BITS****Our New Videos**

Have you every wondered how to reduce inflammation by using diet? Did you know a spice called Turmeric could influence your health for the better? How about watermelon for muscle pain relief! What type of protein is better for your kidneys or how cholesterol can literally tear your arteries apart? Did you know there are diets proven to not only prevent and treat but also reverse our #1 killer, heart disease, along with other deadly diseases such as type 2 diabetes and high blood pressure?

We are very pleased to announce that Dragon Claw has recently installed 26 new videos dealing with diet and nutrition. These videos relate specifically for people with rheumatoid disease, lupus and JIA and are based on the latest research. Dr. Greger who founded Nutritionfacts.org, based in the USA, has produced these videos with the help of ten researchers. He is a physician and internationally recognized speaker on nutrition, food safety, and public health issues. Dragon Claw has formed an alliance with Nutritionfacts.

**Supporters and Partners**

**The NTF Group** is a leading *information based marketing consulting firm* - [www.ntf.com.au](http://www.ntf.com.au) : **The Pharmacy Guild of Australia** - <http://www.guild.org.au>: **Global Access Partners (GAP)** is an independent non-profit public policy think tank - [www.globalaccesspartners.org](http://www.globalaccesspartners.org) : **Gilbert + Tobin** is a leading independent corporate law firm and a key player in the Australian legal market- <http://www.gtlaw.com.au> : **Princeton Health** is a health sector publisher and marketer - <http://www.princeton.com.au>: **LoneAlarm** enables your phone to call for help when you can't - <https://lonealarm.com>